

A Simple Guide to Learning at Home

A lot of learning happens in the home already. Here's how we can harness what is already there and guide our students in demonstrating their learning when they engage in these activities.



Games

1. Take a game you already play well. Ask your child to change the game to make it more challenging.
2. Ask your child: Is this game fun? Is it a game of chance or skill? What skills did you demonstrate playing the game?
3. Create your own game.



Health

1. Take a walk or do other physical activity for twenty to thirty minutes a day.
2. Meditate or listen to a relaxation recording.
3. Keep a daily journal of how you are feeling.



Reading

1. Read for at least an hour a day.
2. Read something other than the news.
3. Keep a journal of what you read. What are your thoughts?



Media

1. Watch a film or TV show. What did you learn from watching? Did it change the way you view the world?
2. Critique the film or TV show: Was it worth watching? What would you change?
3. Research more about the topic of the movie, show, or film.



Create

1. Create a video, podcast, piece of art, craft, or piece of writing.
2. Collect feedback from peers through Google Docs or virtual tuning sessions.



Practice

1. Practice the skills you already have, i.e. music, cooking, sewing, gardening, drawing, sports, etc.
2. Develop a new skill.
3. Keep a log of how long you practiced. Reflect on what you learned.



Redo

1. Is there a project, presentation, paper, or other product you created that you would like to try again?

